

## RULES

- ✓ The race is defined for runners older than 15 years or younger accompanied by their parents.
- ✓ First aid will be given at the START and FINISH as well as along the race route
- ✓ Bicycles, motorcycles and all other vehicles are banned on the race route
- ✓ Refreshment will be ready at the FINISH
- ✓ Every participant of the race is responsible for his physical and mental state
- ✓ Organizers have no responsibility for any damage of belongings or any injury connected with a participation in the race
- ✓ The RUN will be held in any kind of weather

### Patrons



### Partners

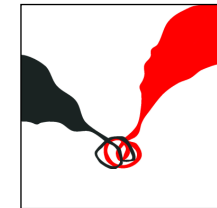


## INSTRUCTIONS FOR COMPETITORS

Sunday 30 September 2007

## Prague running for transplants

### ORGANIZERS



Karel Pavlik's Foundation and Czech Transplantation Society in a co-operation with Prague International Marathon

Guaranteed by:

Pavel Bém, M.D., Mayor of the City of Prague  
and Czech Olympic Committee

## START

- ✓ at 1:00 p.m. at the Old Town Square

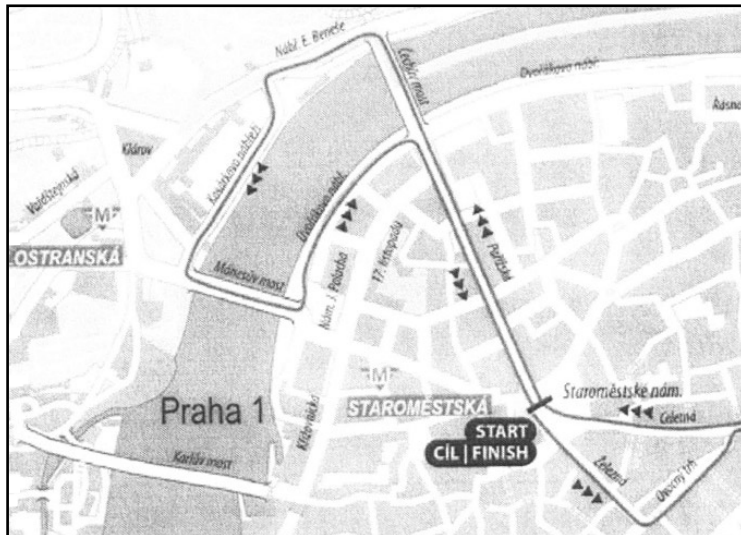
## FINISH

- ✓ The Old Town Square

## TIME LIMIT 60 MINUTES

- ✓ Closing of the FINISH at 2:00 p.m.

## COMPETITION ROUTE



## COMPETITION FEE

### FREE OF CHARGE

Every runner will get a T-shirt with logo of the RUN

## REGISTRATION

All competitors will obtain an equipment for the run( T-shirt, bag, official START number) in the centre of the race at the Old Town Square on **30th September 2007 from 10.00 -12.00 a.m.**

There will be a separated presentation point for all competitors who have been already registered at [www.transplantace.eu/beh](http://www.transplantace.eu/beh) .

Seize an opportunity to register in advance.

## FACILITIES

Toilets are available in the centre of the town

## REFRESHMENT POINT

Refreshment will be provided after achieving the end at the FINISH.

## ANNOUNCEMENT OF WINNERS

Prizes will be awarded to the three best female and male runners.

## SPECIALITY OF THE RUN IS A COMPETITION "TEAM SPIRIT"

TEAM SPIRIT competition is a special category of the run for life. It is meant for 3 –member groups where there is at least one woman and one transplanted patient in the group. They have to reach the end all together while holding their hands. Special prizes are prepared for the first three groups. An application form will be available at registration point on 30 September.

## FIRST AID

First aid will be given by Health Rescue Services of Prague at the START and FINISH as well as along the route of the run.

## ACCOMPANYING PROGRAMM

organized by OUTDOOR SOLUTIONS s.r.o. in the centre of the race from 11:00 a.m. to 2.00 p.m.

- climbing wall
- aerotrim
- seven miles boots

## TOMBOLA

There will be a tombola after results announcement (30 attractive prices are ready to be drawn from competitors' START numbers)

## TIMETABLE OF THE RACE

<b>10:00-12:00</b>	Registration of runners
<b>13:00</b>	START
<b>14:00</b>	Closing of the FINISH
<b>14:00</b>	Announcement of the winners
<b>14:10</b>	Tombola